



TRAINING THAT DEVELOPS
REAL CAPABILITY



Training Delivery & Evaluation - QQI

Level 6

LPD017

Training Delivery & Evaluation – QQI Level 6

People are the most valuable asset in any organisation. This programme develops the knowledge, skills and confidence needed to deliver training that is structured, engaging and focused on learner needs. It explores key theories of adult learning and provides practical experience in planning, delivering and evaluating effective training sessions.

Across five days of guided training, participants will gain insights into training best practice, explore practical methodologies, develop Core Trainer Competencies and complete skills demonstrations. This structured approach ensures learners are equipped to deliver impactful training and measure its effectiveness in line with organisational and learner goals.

Duration & Price

Duration: 5 days

Delivery mode: This programme is available In-Company

Dates & Locations

In-Company training programmes are customised for your organisations specific needs. Most In-Company training is now delivered virtually.

In-Company Training

Please [contact us](#) for more information on our In-Company training options

What's covered?

This QOI-accredited programme combines theoretical models with practical application, ensuring learners develop both competence and confidence as trainers.

Key themes include:

- Core concepts and theories of training delivery and evaluation
- Structuring training sessions for maximum impact
- Engaging diverse learners through adult learning principles
- Applying equality, diversity and accessibility in training
- Selecting and using a range of training methodologies and tools
- Evaluating training effectiveness using recognised models
- Providing constructive and developmental feedback

Delivered over five days within an eight-week schedule, the modular structure gives learners opportunities to reflect, practice and embed learning.

Programme schedule overview:

- **Week 1 – Day 1:** Classroom session
- **Week 2 – Day 2:** Classroom session
- **Week 2:** Online learning via Moodle (30 minutes)
- **Week 2 or 3:** 1-hour online group tutorial
- **Week 3:** One-to-one Tutor session (1 hour)
- **Week 4 – Day 3:** Classroom session
- **Week 5 – Day 4:** Classroom session
- **Week 5:** Online group tutorial (1 hour) and online learning via Moodle (30 minutes)
- **Week 7 – Day 5:** Classroom session
- **Week 8:** One-to-one tutor sessions (1 hour)

This timetable provides space between sessions for learners to reflect, research and practice, ensuring the application of new skills in real contexts.

Who should participate?

This programme is designed for full-time trainers or individuals with a clear training requirement as part of their role in business, industry or community settings. It is expected that these individuals will already be, or will soon be, actively delivering training one-to-one or with groups working towards learning objectives. It is particularly suited to professionals who wish to strengthen their understanding of training theory while applying these skills in practice.

Typical participants include:

- New or aspiring trainers seeking to build confidence
- Professionals responsible for training within their organisation
- Community-based trainers supporting learning initiatives
- Experienced trainers wishing to formalise or refresh their skills

Learners are encouraged to reflect on their current challenges and apply new skills in a supportive environment that promotes continuous improvement.

What will I learn?

On successful completion of this course, learners will be able to:

- Outline the concepts and theories underlying the delivery and evaluation of training interventions
- Explore the elements which impact on the effectiveness of a training session to include, the learning environment, the trainer, learning methodologies and the group dynamics of participants
- Demonstrate an awareness of a range of issues to include equality, diversity and disability in the context of current legislation with regard to training provision
- Appraise a range of evaluation models, approaches, tools and techniques used in the evaluation and monitoring of a training and development intervention
- Deliver appropriate training content and materials using a range of training aids
- Formulate appropriate evaluation tools, techniques and approaches for a training session to determine whether or not training needs were met and objectives fulfilled
- Provide constructive feedback to participants in relation to training intervention
- Apply a comprehensive range of specialised training delivery and evaluation skills in the delivery of an appropriate training intervention
- Devise a training evaluation process to include the identification of key stakeholders, feedback from the trainee, challenges within the process and the conduct or methodology of the evaluation
- Select from a range of evaluation tools, techniques and approaches for a training session to determine whether or not training needs were met and objectives fulfilled
- Report on a training and development evaluation to include the identification of areas of success and of improvement opportunities.

These outcomes ensure learners can apply practical, evidence-based approaches to deliver effective and measurable training interventions.

What are the entry requirements?

Participants should ideally have one of the following:

- A Level 5 Certificate, Leaving Certificate or equivalent qualifications and/or
- Relevant life and work experiences

English language requirement: For applicants whose first language is not English, SQT recommends a minimum English language competency of IELTS 5.5 (or equivalent) for successful completion of this programme. It is important to note that learners are not expected to have an IELTS or equivalent examination complete. Potential delegates are expected to [self-assess](#) their English language competency against the IELTS Band scores which can be found in [this](#) document.

How will I be assessed?

Assessment ensures learners demonstrate both knowledge and practical ability. A blend of project work, learner records and skills demonstrations are required.

Assessment components:

- **Project (40%)**
 - Project Proposal
 - Final Project
- **Learner Record (20%)**
 - Learner Log
 - Learner Record
- **Skills Demonstrations (40%)**
 - Skills Demonstration 1
 - Skills Demonstration 2

Final assessment submissions are due within 8 weeks of course commencement.

How do we train and support you?

We use a highly interactive, practical methodology rooted in experiential learning. This ensures that every learner has the opportunity to apply new techniques, receive feedback and reflect on personal development throughout the course.

Support elements include:

- Pre-training consultation for In-Company courses to tailor content to learner and organisational needs
- Facilitated skills practice sessions recorded for feedback and individual reflection, allowing learners to experiment in a safe, supportive space
- Accredited training aligned to certification standards, with structured assessments and recognised best practices.
- Support through SQT's online learning platform (Moodle)
- Live training is available virtually or delivered onsite to suit the needs of the team

Class sizes are generally limited to 10-12 participants to support personalised learning and individual support.

Programme accreditation

- Accredited by QQI at Level 6 on the National Framework of Qualifications
- It meets the requirements of Component Specification 6N3326, a QQI Minor Award
- Learners who successfully complete this programme, along with Training Needs Identification and Design (6N3325), will achieve the QQI Special Purpose Award *Training and Development* (6S3372)

How can you progress?

On completion of this programme, learners may progress to further qualifications in training, education and leadership.

Next steps may include:

- Training Needs Identification & Design - QQI Level 6 (6S3372)
- Leading & Managing People - QQI Level 6 (6N2191)

This progression pathway allows learners to continue building expertise in training and professional development.

Tutors



Gina Ryan
[View Profile](#)

What Our Learners Say

We believe in excellence through transparency and continuous improvement. That's why we invite all our delegates to share their experiences on [CourseCheck.com](https://www.coursecheck.com), an independent platform dedicated to genuine, unfiltered feedback. Learner insights help us not only to enhance our training programmes but also empower potential learners to make informed decisions. Click on the link below to read firsthand experiences and testimonials from past learners.



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SQT provide a unique combination of high quality, accredited, practical training delivered by leading industry experts and supported by the most up to date learning technology and tools

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