



TRAINING THAT DEVELOPS
REAL CAPABILITY



Training Excellence in the Virtual
Environment

LPD26

Training Excellence in the Virtual Environment

This highly practical course equips trainers with the techniques, tools and confidence needed to successfully transition to virtual classroom delivery. Learners will gain first-hand experience of virtual training environments and discover best practice approaches to designing and delivering engaging online sessions.

The programme is suitable for both new and experienced trainers who want to adapt their delivery style to meet the challenges and opportunities of virtual learning. It blends theory, practice and peer feedback to build competence and confidence in using digital platforms for training.

This programme can be fully customised to support strategic organisational priorities while addressing individual learning goals.

Duration & Price

Duration: 2 days

Delivery mode: This programme is available In-Company

Dates & Locations

In-Company training programmes are customised for your organisations specific needs. Most In-Company training is now delivered virtually.

In-Company Training

Please [contact us](#) for more information on our In-Company training options

What's covered?

The programme is structured to provide both knowledge and hands-on practice in virtual training. Learners will explore adult learning theory, practice delivery in a safe online environment and build a toolkit of effective techniques for virtual classrooms.

Key topics include:

- Understanding how adults learn and identifying learning styles, supported by individual learning style assessments and reflection on how these influence workplace training.
- Designing interactive sessions that sustain engagement online
- Practising delivery in the virtual classroom with peer support and feedback
- Designing training sessions using the virtual classroom structure tailored to workplace requirements, culminating in building learning interventions that reflect organisational needs and ensure consistency when training others.
- Embedding consistency in training delivery across different topics
- Using assessment and validation methods in workplace settings, introduced through theory input and practical exercises focused on what is most appropriate for specific job roles.
- Developing self-evaluation practices for continuous improvement, including structured self-awareness activities, group discussion and agreed actions for ongoing reflective practice tailored to individual roles.

All modules focus on practical application and content can be tailored for In-Company delivery to suit specific organisational contexts.

Who should participate?

This programme is designed for trainers who need to adapt their delivery from face-to-face to virtual environments. It is particularly relevant for those who have previously completed Train the Trainer or Train the Trainer for Industry programmes, as well as anyone with training responsibilities who requires confidence and competence in virtual delivery.

Learners may include:

- New trainers seeking structured guidance on virtual delivery
- Experienced trainers wishing to update skills for online environments
- Subject matter experts with a training role in their organisation
- Learning and development professionals transitioning to digital delivery

The course is tailored to participant needs wherever possible to ensure relevance and practical benefit.

What will I learn?

On successful completion of this course, learners will be able to:

- Design and deliver engaging virtual training sessions using best practice methods
- Apply adult learning theory to online contexts and adapt training to diverse learning styles
- Use interactive tools and techniques to maintain learner engagement in virtual settings
- Assess and validate learner knowledge and skills effectively in an online environment
- Apply self-evaluation techniques to continuously improve as a virtual trainer
- Integrate feedback to enhance personal delivery style and overall programme quality

This ensures learners leave with practical, transferable skills to deliver consistent and impactful virtual training.

What are the entry requirements?

Learners are expected to have completed a Train the Trainer programme or possess prior training experience to participate effectively in this course.

English language Competency - A good standard of written and spoken English is important to engage effectively with this programme.

How do we train and support you?

We use a highly interactive, practical methodology rooted in experiential learning. This ensures that every learner has the opportunity to apply new techniques, receive feedback and reflect on personal development throughout the course. Training delivery is always customised to organisational priorities and tailored to reflect real workplace situations.

Support elements include:

- Pre-training consultation for in-company courses to tailor content to learner and organisational needs
- Facilitated skills practice sessions recorded for feedback and individual reflection, allowing learners to experiment in a safe, supportive space
- Guided post-training reflective activities designed to embed learning, support behavioural change and identify future goals
- Optional personalised coaching sessions (either one-to-one or group-based)
- Live training is available virtually or delivered onsite to suit the needs of the team

Class sizes are generally limited to 10-12 participants to support personalised learning and individual support. This small group approach allows the training to be adapted in real-time to learner and organisational requirements.

How can you progress?

On completion of this course, learners can progress to related programmes that extend and deepen their training capability.

Suggested next steps include:

- Training Delivery & Evaluation - QQI Level 5
- Training Needs Identification & Design - QQI Level 5
- Coaching Skills for People Managers
- Leading and Managing People - QQI Level 6

These complementary courses support ongoing professional development and strengthen organisational training capability.

Tutors



Gina Ryan
[View Profile](#)

What Our Learners Say

We believe in excellence through transparency and continuous improvement. That's why we invite all our delegates to share their experiences on [CourseCheck.com](https://www.coursecheck.com), an independent platform dedicated to genuine, unfiltered feedback. Learner insights help us not only to enhance our training programmes but also empower potential learners to make informed decisions. Click on the link below to read firsthand experiences and testimonials from past learners.



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SQT provide a unique combination of high quality, accredited, practical training delivered by leading industry experts and supported by the most up to date learning technology and tools

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